

Date	Lesson	Scripture	Main idea	Application	Memory verse
7/3	Love	Gal 5:22-23	Love	Love God and love one another	But the fruit of the Spirit is love, joy, peace, patience kindness, goodness, faithfulness, gentleness and self-control. (Gal 5:22-23)
7/10	Joy	Gal 5:22-23	Joy	Be cheerful	A cheerful heart is good medicine, but a crushed spirit dries up the bones. (Prov 17:22)
7/17	Peace	Gal 5:22-23	Peace	Live at peace with everyone	If it is possible, as far as it depends on you, live at peace with everyone. (Rom 12:18)
7/24	Patience	Gal 5:22-23	Patience	Be patient	Yet those who wait for the LORD will gain new strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary. (Isa 40:31)
7/31	Kindness	Gal 5:22-23	Kindness	Be kind to everyone	And the Lord's servant must not be quarrelsome but must be kind to everyone.... (2Tim 2:24)
8/7	Goodness	Gal 5:22-23	Goodness	Be generous to others	Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. (2Cor 9:6)
8/14	Faithfulness	Gal 5:22-23	Faithfulness	Be faithful as God is faithful	They are new every morning; great is your faithfulness. (Lam 3:23)
8/21	Gentleness	Gal 5:22-23	Gentleness	Be gentle toward everyone	To slander no one, to be peaceable and considerate, and always to be gentle toward everyone. (Tit 3:2)
8/29	Self-Control	Gal 5:22-23	Self-Control	Keep our self-control	But the fruit of the Spirit is love, joy, peace, patience kindness, goodness, faithfulness, gentleness and self-control. (Gal 5:22-23)