

Date	Lesson	Scripture	Main idea*	Application	Memory verse
7/7	Blessed Are the Poor in Spirit	Mt 5:3	The 'poor man' is one who is both afflicted and unable to save himself, and who therefore looks to God for salvation.	Looks to God for His help	Blessed are the poor in spirit, for theirs is the kingdom of heaven. (Mt 5:3)
7/14	Blessed Are Those Who Mourn	Mt 5:4	The promised comfort are not primarily those who mourn the loss of a loved one, but those who mourn the loss of their innocence, their righteousness, their self-respect.	Have a repentant heart	Blessed are those who mourn, for they will be comforted. (Mt 5:4)
7/21	Blessed Are the Meek	Mt 5:5	The Greek adjective praüs means 'gentle', 'humble', 'considerate', 'courteous', and therefore exercising the self-control without which these qualities would be impossible	Be gentle, humble, considerate, and courteous	Blessed are the meek, for they will inherit the earth. (Mt 5:5)
7/28	Blessed Are Those Who Hunger and Thirst for Righteousness	Mt 5:6	Spiritual hunger is a characteristic of all God's people, whose supreme ambition is not material but spiritual.	Seek after God and His Word	Blessed are those who hunger and thirst for righteousness, for they will be filled. (Mt 5:6)
8/4	Blessed Are the Merciful	Mt 5:7	The one extends relief, the other pardon; the one cures, heals, helps, the other cleanses and reinstates.	Be merciful to others	Blessed are the merciful, for they will be shown mercy. (Mt 5:7)
8/11	Blessed are the pure in heart	Mt 5:8	Purity of heart as an expression for inward purity, for the quality of those who have been cleansed from moral—as opposed to ceremonial—defilement.	Keep our heart pure	Blessed are the pure in heart, for they will see God. (Mt 5:8)
8/18	Blessed Are the Peacemakers	Mt 5:9	Every Christian is meant to be a peacemaker both in the community and in the church.	Be a peacemaker	Blessed are the peacemakers, for they will be called children of God. (Mt 5:9)
8/25	Blessed Are Those Who Are Persecuted Because of Righteousness	Mt 5:10-12	When persecuted, we are not to retaliate.	Rejoice and be glad under persecution	Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. (Mt 5:10-12)
	*John Stott, "Sermon on the Mount", The Bible Speaks Today.				